

RESEARCH PARTICIPANT ADVERTISEMENT

(Click links below for BSL translations of each section)

Project Title: Exploring the Perspectives of Deaf Emerging Adults on Mental Health Through Photovoice
[BSL translation](#)

INVITATION TO PARTICIPATE [BSL translation](#)

As part of a Doctoral research study in Counselling Psychology, we invite you to participate in an innovative exploration of mental health from the unique perspectives of deaf emerging adults aged 18-25. Your insights are invaluable in shaping the future of mental health research. This study will look at the real experiences of deaf young people and use photography (through a method called 'photovoice') to help share your views and experiences of mental health (for example, what keeps you mentally well, how you manage your mental health). Mental health is about feeling okay to cope with life's ups and downs, know what you're good at, learn new things, do your job or studies well, and feel like you're making a positive impact in your community.

By taking part, you'll be helping to make mental health research better for deaf young people and help raise awareness about the issues that matter to you. Your views are important in shaping a more understanding and inclusive future for mental health.

WHO CAN TAKE PART? [BSL translation](#)

We are seeking individuals who:

- Are aged 18-25
- Live in Greater London
- Are Deaf, Deafened or Hard of Hearing
- Use English and/or Sign Supported English (SSE) and/or British Sign Language (BSL)
- Can provide individual informed consent
- Are not receiving inpatient mental health treatment (not staying in a hospital or a specialised facility for round-the-clock care)

WHAT TO EXPECT [BSL translation](#)

There will be two group discussion sessions in August. The first session will last 2 hours, and you will learn about ethical photography practices. Before the second session, you will be asked to take photos reflecting your thoughts and experiences about your mental health. The second session will last 3 hours. During the second session, you will share your photographs and discuss your perspectives regarding mental health with two facilitators (a researcher and a Deaf community member) and other deaf young people aged 18-25. Sessions will take place in central London, and food will be provided.

SESSION DATES [BSL translation](#)

Session one will take place on one of the following dates:

Tuesday, 5th August, 5:30 pm - 7:30 pm OR Wednesday, 6th August, 5:30 pm - 7:30 pm

Session two will take place on one of the following dates:

Tuesday, 19th August, 5:30 pm - 8:30 pm OR Wednesday, 20th August, 5:30 pm - 8:30 pm

You will be allocated to dates based on your availability.

REIMBURSEMENT [BSL translation](#)

You will be provided £15 per session (£30 for two sessions) to cover your travel expenses.

GET IN TOUCH [BSL translation](#)

If you want to take part, have any questions or need further information, please contact:

Tiffany Wade (researcher): Email 06192@metanoia.ac.uk

Tel/SMS: +44 (0) 7537 135125

Or we can arrange a Zoom meeting

THANK YOU